



SNACK

Laminated brioche, chilli and maple butter 6

Marmite English custard tart 6.5 each

Add Umai Caviar +5.5

Tempura Rock oyster, Sarson's 'scraps' 6 each

Oysters baked with XO sauce, yesterday's sourdough 6 each

'Fish & Chips' 6.5

Red pepper 'nduja, crème fraiche, mizuna, sourdough boule 9

Vadouvan spiced apricot flatbread, paneer cheese 11

British wagyu shawarma skewer 15.5

SAEL SPECIALS

SAEL CUMBRIAN BEEF DIRTY SMASH BURGER 18

deep fried pickle, chilli mayo, streaky bacon and crispy onions.

Koffmann fries

SAEL STEAK FRITES 18

35 days dry aged flat iron steak, Koffmann fries

PRIX FIXE

TO START

'Quiche Lorraine', bacon, parmesan, bitter leaf salad

OR

Valencian peach, barrel aged feta, avocado, espelette emulsion

MAIN COURSE

Chicken paillard, Caesar salad

OR

St Austell Bay mussels, Koffman fries

SWEET

English strawberry sorbet, Breton sable biscuit

2 COURSES 25

3 COURSES 28.5

12PM-2.30PM

5PM-6.30PM

VAT included. A discretionary service charge of 12.5% will be added to your bill. For information relating to allergens within our food, please request to view our allergen matrix.